

Barry Harris Workshop DVD : Sample Rhythm / Scale Exercise

8 5 6 5 8 6 5 7 5 || 7 5 6 5 8 6 5 7 5

6 5 8 6 5 7 5 || 5 8 6 5 7 5

8 6 5 7 5 || 6 5 7 5

5 7 5 || 7 5

Try this one from "beginning to end" then "from end to beginning" with a metronome set on 2&4 of each bar.

See if you can memorize it and play it perfectly each time!